

Learning Activity 6.1

Sample

5 Aspects of Self	Sequence 1: Importance to <i>Me</i>	Sequence 2: How much time <i>I actually</i> spend – greatest to least
1. Intellectual	1. Spiritual	1. Intellectual
2. Emotional	2. Intellectual	2. Social
3. Physical	3. Social	3. Spiritual
4. Social	4. Physical	4. Emotional
5. Spiritual/moral	5. Emotional	5. Physical

Results/Comments about Chart:

Wow! I never really thought about the aspects of self, let alone how they play out in my life. I would certainly like to ...

Question 1:

How might I help gifted students in my classroom recognize and respect all 5 aspects?

I could certainly teach them about the different...

Question 2:

Could you use this exercise or one like it with your students and conduct a discussion to process the results?

I am not sure I could use this particular exercise because of my student age group, but I could...